

## WEEK4 MENU

Lunch menu	Monday	Tuesday	Wednesday	Thursday	Friday	Healthy smoothies	Extras
Main meal	Chicken goujon baguette with lettuce tomato served with potato wedges	Lightly Seasoned chicken pepper Fajitas wrap served with potato wedge		Spiced Beef empanada with vegetable served with side salad	Spicy Taco fries	Mixed berry smoothie €2.50	Mixed fruit salad bowl €2 Or a piece of fruit €0.60
Vegan or vegetarian option	Mixed roasted vegetable ciabatta served with homemade tortilla chips	Indian Dahl served with flavoured rice		Mexican style mixed vegetable empanada with served with side salad	Chinese fried vegetable chow mein	Mango and pineapple smoothie €2.50	A small treat of a day - €1.20

**Allergy Warning:** Menu items may contains wheat, eggs, milk, celery, soy, and sesame.  
Ask our staff for more information.

**Pre order 1 day in advance and pay at canteen €5.60 /per meal (payment methods: cash or card)**