



29 April 2022

Dear Parent/Guardian,

We are organising a 2<sup>nd</sup> Year trip to **CP Adventure**, which is based on the grounds of Russborough House in Blessington on **Tuesday, 17<sup>th</sup> May**. We will be leaving the school at 9.00am and returning to the school at 5.00-5.30pm, depending on traffic.

Throughout the day, students will get the opportunity to participate in five different activities on land and on water. All abilities are catered for, and the instructors are very experienced.

The total cost of the trip is **€52 per student**, which includes the daily entry fee of €42 and €10 towards cost of the bus. Please make payment and complete the consent form via the school app by Friday 6<sup>th</sup> May.

Students will need to bring a **packed lunch** and appropriate outdoor clothing. A more complete list of things to bring, as recommended by CP Adventure, is attached below.

The school's code of behaviour applies throughout the duration of the trip and must be abided by.

We hope that the trip will be an enjoyable day out for 2<sup>nd</sup> Year students.

S. Delahunty

E. Crumlish

Year Heads



*A message from CP Adventure:*

### **Things to bring**

Hand sanitizer.

Sun Cream.

All participants must have their feet covered. Sandals/flip flops are **not** appropriate footwear.

Runners are the best form of footwear for the adventure centre. Please don't bring your brand new pair, as they may get wet and mucky! If you can bring a spare pair to change into after, that would be great.

We recommend that you bring warm clothes or layers of clothes (fleece) for activities. You should also bring a change of clothes. A hat and gloves is strongly advised for cold weather.

We strongly recommend that you bring a rain jacket, rain bottoms if you can, as the weather can change very quickly!

Swimwear is **not** required, but please bring change of clothes and footwear.

Please bring a towel for after the water activities.

You may have wet clothes, so bring a plastic bag to put them in.

Mobile Phones/Electronic Equipment, such as ipods, iphones, etc. are not be brought to the centre. We ask that all students leave them at home. We will take equipment from students before activities begin.