

THE
LUNCH
BOX

WEEK 1

This Menu will Run from
25th Apr - 29th April
16th May - 20th May

Meal scheme Price per day - €5.90

Pay as you go price per day - €6.20

MAIN COURSE

(V)

EXTRAS

MON	<p>Spaghetti Bolognese garlic crostini (Wheat) (Trace Egg Pasta) (Celery) (Milk)</p>	OR	<p>Breaded Chicken Goujon Baguette with mayo and a touch of Iceberg lettuce with potato wedges (Wheat) (Milk) (Egg)</p>	OR	<p>Signature Lunchbox Thai Green Veggie Curry with mild thai spices, Roast Seasonal Veg and Naan Bread (Celery) (shellfish) (Wheat) (Milk)</p>	<p>A piece of fruit - 40c Treat of the day - € 1 (Wheat) (Milk) (Egg)</p>
TUE	<p>Slow cooked Tex Mex Chilli Beef with rice and tortilla chips (Celery) (Pulses)</p>	OR	<p>Ham and Cheese toasted Ciabatta with potato wedges (Wheat) (Egg) (Milk)</p>	OR	<p>Mexican Veggie Burrito - Spicy veg and tomato rice with kidney Beans in a tortilla wrap served with potato wedges (Wheat) (Pulses) (Milk)</p>	<p>A piece of fruit - 40c Treat of the day - € 1 (Wheat) (Milk) (Egg)</p>
WED	<p>Slow cooked Beef Brisket flatbread wrap with spinach and tomato with potato wedges (Wheat) (Milk) (Egg) (Soy)</p>	OR	<p>Grilled Chicken Tikka Roll with peppers, coriander, and mayo. Served with Potato wedges (Wheat) (Egg)</p>	OR	<p>Tomato and Mozzarella stone cut focaccia slice with Potato Wedges (Wheat) (Milk)</p>	<p>A piece of fruit - 40c Treat of the day - € 1 (Wheat) (Milk) (Egg)</p>
THU	<p>Signature Lunchbox Chicken Curry packed with vegetables and Indian flavours served with Naan bread (Wheat) (Pulses)</p>	OR	<p>BBQ Pulled Pork on a brioche bap with sesame grated carrots and served with potato wedges (Wheat) (Mustard) (Sesame) (Egg)</p>	OR	<p>Mini vegetable spring rolls served with chinese spiced vegetable noodles (Wheat) (Soy) (Egg) (Sesame) (Pulses)</p>	<p>A piece of fruit - 40c Treat of the day - € 1 (Wheat) (Milk) (Egg)</p>
FRI	<p>Chicken Katsu Curry with breaded chicken on basmati rice with curry sauce (Wheat) (Egg)</p>	OR	<p>Breaded sweet chilli Chicken wrap with Potato wedges (Wheat) (Egg) (Sulphites)</p>	OR	<p>Vegetarian sausage roll with broccoli cherry tomato & feta salad and Potato wedges too! (Soy) (Wheat) (Egg) (Pulses)</p>	<p>A piece of fruit - 40c Treat of the day - € 1 (Wheat) (Milk) (Egg)</p>

THE
LUNCH
BOX

WEEK 2

This Menu will Run from
2nd May - 6th May
23rd - 27th May

Meal scheme Price per day - €5.90
Pay as you go price per day - €6.20

MAIN COURSE

(V)

EXTRAS

MON	<p>Breaded Chicken Goujons with potato wedges (Wheat) (Egg)</p>	OR	<p>Homemade meatballs in italian tomato sauce with penna pasta served with garlic bread (Wheat) (trace Egg in pasta)</p>	OR	<p>Mexican Veggie Burrito - Spicy veg and tomato rice with kidney Beans in a tortilla wrap served with potato wedges (Wheat) (Pulses) (Milk)</p>	<p>A piece of fruit - 40c Treat of the day - € 1 (Wheat) (Milk) (Egg)</p>
TUE	<p>Chicken Tikka Masala with basmati rice and naan bread (Wheat) (Milk) (Pulses)</p>	OR	<p>Grilled Chicken Pesto Baguette with mozzarella on a fresh Baguette with potato wedges (Wheat) (Egg) (Milk)</p>	OR	<p>Signature Lunchbox Thai Green Veggie Curry with mild thai spices, Roast Seasonal Veg and Naan Bread (Celery) (shellfish) (Wheat) (Milk)</p>	<p>A piece of fruit - 40c Treat of the day - € 1 (Wheat) (Milk) (Egg)</p>
WED	<p>Signature Thai Green Chicken Curry with mild thai spices, Roast Seasonal Veg and Naan Bread (Celery) (shellfish)(Wheat) (Milk)</p>	OR	<p>Homemade jumbo sausage roll with broccoli, cherry tomato & feta salad and potato wedges (Wheat) (Milk) (Egg)</p>	OR	<p>Mini vegetable spring rolls served with chinese spiced vegetable noodles (Wheat) (Soy) (Egg) (Sesame) (Pulses)</p>	<p>A piece of fruit - 40c Treat of the day - € 1 (Wheat) (Milk) (Egg)</p>
THU	<p>Homemade Irish Beef Burger on a brioche bun with lettuce, tomato and sweet dill mayo - served with potato wedges (Wheat, Egg, Milk)</p>	OR	<p>Grilled Chicken Caesar wrap with crispy bacon, parmesan and creamy dressing with potato wedges (Wheat) (Egg) (Milk)</p>	OR	<p>Tomato and Mozzarella stone cut focaccia slice with broccoli, cherry tomato & feta salad (Wheat) (Milk) (Egg)</p>	<p>A piece of fruit - 40c Treat of the day - € 1 (Wheat) (Milk) (Egg)</p>
FRI	<p>Spaghetti Bolognese garlic crostini (Wheat) (Trace Egg Pasta) (Celery) (Milk)</p>	OR	<p>Breaded Irish Chicken Bap with sweet dill mayo and a touch of Iceberg with potato wedges (Wheat) (Milk) (Egg)</p>	OR	<p>Vegetarian sausage roll with broccoli cherry tomato & feta salad and Potato wedges too! (Soy) (Wheat) (Egg) (Pulses)</p>	<p>A piece of fruit - 40c Treat of the day - € 1 (Wheat) (Milk) (Egg)</p>

THE
LUNCH
BOX

WEEK 3

This Menu will Run from
9th - 13th May
30th May - 3rd June

Meal scheme Price per day - €5.90
Pay as you go price per day - €6.20

MAIN COURSE

(V)

EXTRAS

	MAIN COURSE		(V)	EXTRAS
MON	Slow cooked Tex Mex Chilli Beef with rice and tortilla chips (Celery) (Pulses)	OR Breaded Chicken Goujon Baguette with iceberg lettuce and mayo served with potato wedges (Wheat) (Milk)(Egg)	OR Mini vegetable spring rolls served with chinese spiced vegetable noodles (Wheat) (Soy) (Egg) (Sesame) (Pulses)	A piece of fruit - 40c Treat of the day - € 1 (Wheat) (Milk) (Egg)
TUE	Spaghetti Bolognese garlic crostini (Wheat) (Trace Egg Pasta) (Celery) (Milk)	OR Breaded sweet chilli Chicken wrap with potato wedges (Wheat) (Egg) (Sulphites)	OR Tomato and Mozzarella stone cut focaccia slice with potato wedges (Wheat) (Egg) (Milk)	A piece of fruit - 40c Treat of the day - € 1 (Wheat) (Milk) (Egg)
WED	Chicken Katsu Curry with breaded chicken on basmati rice with curry sauce (Wheat) (Egg)	OR Grilled Chicken Caesar wrap with crispy bacon, parmesan and creamy dressing with potato wedges (Wheat) (Egg) (Milk)	OR Mexican Veggie Burrito - Spicy veg and tomato rice with kidney Beans in a tortilla wrap served with potato wedges (Wheat) (Pulses) (Milk)	A piece of fruit - 40c Treat of the day - € 1 (Wheat) (Milk) (Egg)
THU	Asian Chicken noodles with vegetables in a teryaki sauce (Wheat) (Soy) (Egg) (Sesame)	OR Breaded Chicken Goujons Baguette with iceberg lettuce and mayo served with potato wedges (Wheat) (Milk) (Egg)	OR Pesto Pasta salad with carrots, peppers and served with garlic crostini (Wheat) (Egg) (Milk)	A piece of fruit - 40c Treat of the day - € 1 (Wheat) (Milk) (Egg)
FRI	Pepperoni, tomato and mozzarella stone cut Focaccia slice with potato wedges (Wheat) (Milk)	OR BBQ Pulled Pork on a brioche bap with sesame grated carrots and served with potato wedges (Wheat) (Mustard) (Sesame) (Egg)	OR Vegetarian sausage roll with broccoli cherry tomato & feta salad and Potato wedges too! (Soy) (Wheat) (Egg) (Pulses)	A piece of fruit - 40c Treat of the day - € 1 (Wheat) (Milk) (Egg)