



WEEK ONE

Weeks: Thurs 6th & Fri 7th Jan, 24th - 28th January and 14th - 18th February

MON	Spaghetti Bolognese and Garlic Crostini [c] [w] [m]	or	Breaded Chicken Goujon Roll with Crunchy Lettuce, Mayo and Potato Wedges [w] [e]	or	Vegetarian Pastry Roll with Broccoli, Cherry Tomato & Feta Salad and Potato Wedges [s] [w] [pulses]	comes with	Mini Treat May contain [w] [m] [e]
TUES	Tex Mex Chilli Beef with Basmati Rice and Tortillas [c] [pulses]	or	Grilled Chicken Caesar Wrap with Bacon, Parmesan Cheese, Caesar Dressing and Potato Wedges [w] [m] [e]	or	Vegetarian Burrito with Crunchy Veg, Kidney Beans, Sweet Corn, Pea, Cajun Rice, Grated Cheese and Potato Wedges [w] [m] [pulses]	comes with	Mini Treat May contain [w] [m] [e]
WED	Ham & Cheese Quiche with Pesto Pasta Salad [w] [m] [e]	or	Grilled Chicken Tikka Roll with peppers, coriander, Tikka Mayo and Potato Wedges [w] [e]	or	Falafel Wrap with Crunchy Veg, Garlic Mayo with Potato Wedges [w] [e] [pulses]	comes with	Mini Treat May contain [w] [m] [e]
THURS	Indian Chicken Curry with Basmati Rice and Naan Bread [w] [pulses]	or	Slow cooked Beef Brisket Wrap with Crunchy Veg, Garlic Mayo and Potato Wedges [w] [e] [sd] [mus]	or	Spinach & Cheese Quiche with Pesto Pasta Salad [w] [e] [m]	comes with	Mini Treat May contain [w] [m] [e]
FRI	Beef Lasagne and Garlic Crostini [c] [w] [m]	or	Breaded Sweet Chilli Chicken Wrap with Potato Wedges [w] [sd] [e]	or	Tomato & Mozzarella Stone Cut Focaccia Slice with Potato Wedges [w] [m] [e]	comes with	Mini Treat May contain [w] [m] [e]

[w] Wheat [e] Egg [m] Milk [c] Celery [f] Fish [sd] Sulphur Dioxide [s] Soy/Soyabean [ss] Sesame Seed [mus] Mustard

Subject to Change



WEEK TWO

Weeks: 10th - 14th Jan and 7th Feb - 11th Feb

MON	Chicken Goujons with Potato Wedges [w] [e]	or	Meatballs in an Italian Tomato Sauce & Penna Pasta [w]	or	Falafel Wrap with Crunchy Veg, Garlic Mayo with Potato Wedges [w] [e] [pulses]	comes with	Mini Treat May contain [w] [m] [e]
TUES	Sticky Crispy Pork and Basmati Rice [s] [ss] [w]	or	Breaded Chicken Bap with Sweet Dill Mayo, Lettuce and Potato Wedges [w] [m] [e]	or	Vegetarian Pastry Roll with Broccoli, Cherry Tomato & Feta Salad and Potato Wedges [s] [w] [pulses]	comes with	Mini Treat May contain [w] [m] [e]
WED	Thai Red Chicken Curry with Basmati Rice [c] [shellfish]	or	Chicken Pesto & Mozzarella Roll and Potato Wedges [w] [m] [e]	or	Spinach & Cheese Quiche with Pesto Pasta Salad [w] [e] [m]	comes with	Mini Treat May contain [w] [m] [e]
THURS	Homemade Beef Burger with Potato Wedges [w] [m] [e]	or	Grilled Cajun Chicken Wrap with Potato Wedges [w] [m] [e]	or	Tomato & Mozzarella Stone Cut Focaccia Slice Pesto Pasta Salad [w] [m] [e]	comes with	Mini Treat May contain [w] [m] [e]
FRI	Spaghetti Bolognese and Garlic Crostini [w] [e] [m]	or	Breaded Chicken Goujon Roll with Crunchy Lettuce, Mayo and Potato Wedges [w] [m] [e]	or	Vegetarian Burrito with Crunchy Veg, Kidney Beans, Sweet Corn, Pea, Cajun Rice, Grated Cheese and Potato Wedges [w] [m] [pulses]	comes with	Mini Treat May contain [w] [m] [e]

[w] Wheat [e] Egg [m] Milk [c] Celery [f] Fish [sd] Sulphur Dioxide [s] Soy/Soyabean [ss] Sesame Seed [mus] Mustard

Subject to Change



WEEK THREE

Weeks: 17th Jan - 21st Jan and 14th Feb - 18th Feb

MON	Tex Mex Chilli Beef with Rice & Tortilla Chips [c] [pulses]	or	Grilled Chicken Tikka Roll with Potato Wedges [w] [e]	or	Vegetarian Pastry Roll with Broccoli, Cherry Tomato & Feta Salad and Potato Wedges [s] [w] [pulses]	comes with	Mini Treat May contain [w] [m] [e]
TUES	Spaghetti Bolognese & Garlic Crostini [w] [m]	or	Breaded Sweet Chilli Chicken Wrap with Potato Wedges [w] [sd] [e]	or	Tomato & Mozzarella Stone Cut Focaccia Slice with Potato Wedges [w] [m] [e]	comes with	Mini Treat May contain [w] [m] [e]
WED	Sweet and Sour Chicken Teriyaki, with peppers, carrots, onions with Basmati Rice [w] [s] [ss]	or	Grilled Chicken Casesar Wrap with Bacon, Parmesan Cheese, Caesar Dressing and Potato Wedges [w] [m] [e]	or	Vegetarian Burrito with Crunchy Veg, Kidney Beans, Sweet Corn, Pea, Cajun Rice, Grated Cheese and Potato Wedges [w] [pulses] [m]	comes with	Mini Treat May contain [w] [m] [e]
THURS	Beef Lasagne with Garlic Crostini [w] [m]	or	Breaded Chicken Goujon Roll with Sweet Dill Mayo, Lettuce and Potato Wedges [w] [m] [e]	or	Falafel Wrap with Crunchy Veg, Garlic Mayo and Potato Wedges [w] [e] [pulses]	comes with	Mini Treat May contain [w] [m] [e]
FRI	Indian Chicken Curry with Basmati Rice and Naan Bread [w]	or	Slow cooked Beef Brisket Wrap with Crunchy Veg, Garlic Mayo and Potato Wedges [w] [e] [sd] [mus]	or	Spinach & Cheese Quiche with Pesto Pasta Salad [w] [e] [m]	comes with	Mini Treat May contain [w] [m] [e]

[w] Wheat [e] Egg [m] Milk [c] Celery [f] Fish [sd] Sulphur Dioxide [s] Soy/Soyabean [ss] Sesame Seed [mus] Mustard

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