Week 3 MENU							
Lunch menu	Monday	Tuesday	Wednesday	Thursday	Friday	Extra Summer healthy smoothies	Extras
Main Meal	Chicken pesto baguette served with potato wedges	Chicken and bacon carbonara with penne pasta		Homemade Ham cheese quiche served with side green	Massaman Chicken curry served with steamed jasmine rice	Mixed berry smoothie €2.50	Mixed fruit salad bowl €2 Or a piece of fruit €0.60
Vegan or vegetarian option	Vegetarian Mexican burrito served with potato wedges	Chinese spicy mapo Fried tofu served with Jasmine rice		Homemade roasted vegetable quiche with side green	Grilled Vegetable Massaman curry served with steamed jasmine rice	Mango and pineapple smoothie €2.50	A small treat of a day - €1

Allergy Warning: MENU items may contains wheat, eggs, milk, celery, soy, and sesame. Ask our staff for more information.

Pre order 1 day in advance and pay at canteen €5.60 /per meal (payment methods: cash or card)