

**Research Study: Call for Teenage Participants** 

## ADAPT STUDY: how Adolescents Deal with and Adjust to Pandemic resTrictions

Given the many changes that we have experienced in recent months, we are keen to understand how the COVID-19 pandemic and the various restrictions that are in place, are impacting on the lives of teenagers. A team of researchers from the School of Psychology, NUI, Galway and Trinity College Dublin are carrying out this research.

This survey is for teenagers (12-18 years).

There are 3 surveys to complete over 12 months (15 mins each).

Please note all teenagers require parent/guardian consent, if they wish to take part.

To find out more about our study, you can access our study website: <a href="https://www.adaptresearchstudy.com/">https://www.adaptresearchstudy.com/</a>

Information for parents and teenagers is available on our study website.

**OR** you can go straight to our parent information sheet via the Q code below, or the following weblink.

https://nuigalwaybusiness.fra1.qualtrics.com/jfe/form/SV 9MRSePFBfm7eKfr

Once parental consent is received a link to the adolescent agreement form and the survey is sent via email to the young person:





