

### Extra-Curricular Activities on offer to TY: January – March 2021

Date:	Activities
March 2021	<ul style="list-style-type: none"> <li>• Invitation to take part in the IADT creative writing competition.</li> <li>• Invitation to apply for The Douglas Hyde Gallery - Creative Thinking and Printmaking Workshop, April 16th 20201.</li> <li>• CareerPath Expo 2021 – 10<sup>th</sup> – 11<sup>th</sup> March 2021</li> <li>• The Story of Stuff: Students encouraged to submit an entry to this competition. Work done in and out of class. (<a href="https://www.storyofstuff.org/">https://www.storyofstuff.org/</a>)</li> <li>• Shine Festival Week 8<sup>th</sup>- 12<sup>th</sup> March: All students will take part in this festival designed to help promote the empowerment of women – this event sees contributions from Vicky Phelan, Sharon Hogan and Dr Elaine Byrnes to name but a few. (Access to these events will take place during class and outside of class time)</li> <li>• NUI Galway Taster days (virtual) – a number of students have registered to take part in an organised week of taster days in various subjects including Science, Arts, Business, Law, Engineering &amp; Computing.</li> <li>• Irish Guide Dogs Virtual TY programme – three students are taking part in this weeklong programme</li> <li>• 4E – 3 week certified First Aid Course – each Monday from 10am-11am</li> <li>• Five students continue the DCU Early University Entrance programme from the end of January, finishing in April. Subjects include, Biology, Engineering Psychology.</li> <li>• The Look into Law TY programme continues.</li> <li>• All TYs invited to investigate various presentations offered by various institutions for STEPs Engineers Week 2021 e.g. Letterkenny Institute of Technology (Women in Engineering), Institute of Technology Carlow (Mars the New Frontier)</li> <li>• A number of TYs students are taking part in STEPs Engineering your Future TY programme</li> </ul>

	<ul style="list-style-type: none"> <li>• Three TY students took part in the week-long NUI Galway Irish Language Journalism course</li> <li>• LCF Team of six TY students prepare for the upcoming European Youth Parliament in April</li> <li>• Look into Law TY programme continues.</li> <li>• Each month students have been given the opportunity to investigate a wide variety of courses, programmes and virtual taster days through the Career Guidance Dept e.g., Maynooth University Criminology Taster day to be held March 27<sup>th</sup>.</li> </ul>
February 2021	<ul style="list-style-type: none"> <li>• TY Science Camp: College of Sciences and Health, Technology University Dublin</li> <li>• Invitation to all TYs to participate in Trinity College PhilSpeaks Public Speaking Competition</li> <li>• Invitation to participate in University of Limerick’s National Secondary School of Essay Writing Competition</li> <li>• Invitation to participate in CIF’s Challenge “A Home for Everyone” Competition</li> <li>• The Law Society’s Look into Law TY programme began, and fifteen TY students taking part.</li> <li>• RCSI Mini Medical and Mini Health Sciences 2021 (virtual) week-long programme 22<sup>nd</sup>- 26<sup>th</sup> February (21 students took part).</li> <li>• All TY students took part in the ICFE Health and Wellness Week 8<sup>th</sup> – 12<sup>th</sup> February 2021.</li> <li>• TY students are invited to sign up to take part in EYP Dublin Regional Sessions to be held in April. A team of six begin their preparations.</li> </ul>

## January 2021

- Kins Skin School: Two skin care courses available to All TY:
  - Teenage Skin Care Management and 'Coping with social media and the pressure to always look perfect.'
- The National Dairy Council's He@lthfest Week - 27<sup>th</sup> January 2021
- BTYS Exhibition – All TY students encouraged to log on and view the exhibition. Congratulations to Kate Fensome and Beth Thomas-Irwin and Aoife Ryan with their exhibits 'Can Secondary School students learn word translations whilst sleeping and if so, which sleep stage with maximise this?' and 'The Science behind a Decision'. These can be views at [www.btyoungscientist.com](http://www.btyoungscientist.com)
- 4R – 4 week certified First Aid Course - each Monday from 10am-11am
- St. Patrick's Mental Health Services Walk in my Shoes TY programme – one student represented LCF
- Intel Transition Year Programme – a week-long programme run in conjunction with the Science Gallery Dublin
- TY PE Lockdown Challenge 2021 – all TYs are expected to participate in this challenge while we are in lockdown. Students have to complete a minimum of 4km walk/run/cycle daily - within their 5km boundary and are also asked to complete a weekend challenge – this weekend to complete a 10km within 90 minutes.
- The National Dairy Council's Healthfest – 27<sup>th</sup> January 2021.
- DCU Early University Entrance programme January- April 2021 - subjects - Biology, Engineering Psychology.
- Free TY Pizza Masterclass - 22nd January. This is being rung by Vanessa Greenwood of Cooks Dublin.
- TYs encouraged to take part in the Trinity College Dublin - PhilSpeaks Public Speaking Competition being held on the 6<sup>th</sup> and 7<sup>th</sup> February 2021.